

**Seminole ISD School Health Advisory Council (SHAC)
& Wellness Committee
October 6th, 2016
Seminole Auxiliary MPR
12:00 p.m. – 1:00 p.m.**

Present – Carmen Acosta, Joan Adams, Shalea Addison, Cindy Black, Amy Bradley, Morgan Davidson, Tasha Garcia, Julie Jameson, Randy Jones, Marie Knebel, Gary Laramore, Stacie Laramore, Brandi McCormick, Bethany Miller, Kathy Moore, Ellie Neufeld, Karla Nye, Yesenia Olivas, Kalie Peters, Nancy Sawatzky, Rosilyn Sellers, Stacey Spradlin, Janelle Sullivan, & Cindy Therwhanger.

Absent - Elva Berryhill, Shan Cavazos, Sunny Coats, Helena Harms, Cheryl Houston, Valerie Jackson, Andrea Kissick, Veronica Low, Shelley Roberts, Phillip Sanders, & Katherine Werner.

- 1. Welcome** – Mr. Laramore called the meeting to order at 12:15 and welcomed everyone and thanked them for their attendance.
- 2. Current Members** – Mr. Laramore had everyone introduce themselves and share how long they had been associated with Seminole and what their usual occupation was. Then he shared the following School Board appointments.

Co-Chairmen (Appointed by the School Board)
Cindy Black and Andrea Kissick

Executive Wellness Committee
Gary Laramore, Cindy Therwhanger, Andrea Kissick

- 3. Future Meeting Dates** – Mr. Laramore updated everyone on our future dates to meet.

January 12th, 2017
March 23rd, 2017
May 18th, 2017

- 4. Program** - Cindy Therwhanger, Director of Food Services, then presented an update on the district's Local Wellness Policy and many other various SHAC related topics in the form of a power point presentation. She also went over the Wellness Policy Assessment conducted in April, which was subsequently unanimously approved with

a motion from Randy Jones and a second from Stacy Spradlin. The vote was 24-0.

- 5. Open Forum – Some parent questions were answered and various ideas were presented.**
- 6. Meeting Adjourned – Mr. Laramore called the meeting adjourned @ 12:54 and noted that the executive wellness committee and co-chairmen would wait around and answer questions if anyone had any.**