

Seminole ISD School Health Advisory Council (SHAC)
& Wellness Committee
March 17, 2016
Seminole Primary MPR
12:00 p.m. – 1:00 p.m.

1. Welcome
2. SISD School Board approved members in Oct 12, 2015 Board Meeting
Membership is listed on the reverse side. (page 2)
SHAC Co-Chairmen appointed by the School Board:
Gaynette Turner (SISD representative)
Andrea Kissick (Parent representative)

Executive Wellness Committee is composed of:
Director of Instruction, Gaynette Turner
Director of Food Services, Linda Wright
Parent Co-Chairman of SHAC, Andrea Kissick

3. Future Meeting Date:
April 28, 2016
4. Program: Linda Wright and Gaynette Turner

Student Welfare
Wellness and Health Services – REVISED POLICY FFA (LOCAL)

Will be presented to School Board March 21, 2016 for approval
[Members were given a copy of the Policy FFA\(LOCAL\) for review.](#)

Wellness Plan:

SHAC will discuss the following items and make recommendations:

1. Should classroom celebrations (parties) be held only after lunch?
[The committee decided to not have this in the wellness plan, but to let each teacher decide when to have the celebrations. It was discussed that most celebrations will be after the lunch period, but on early release days \(such as Christmas\) celebrations are held before lunch since the busses run immediately after lunch.](#)
2. Should we continue the policy of parents not being allowed to bring lunch for other students when they bring in outside food in for their own child (children) lunch?
[There were numerous comments/discussion on this topic. Linda Wright explained that this use to be in the Texas policy for all schools because of the safety issues of students with allergies, diet restrictions, etc. The committee talked about possibly having this for K-8 and not at high](#)

school because it was an open campus and students were free to leave and eat whatever they wanted and there were no parents bringing in food for this age. The committee decided to have this item brought up before principals to get their input since enforcing a policy of this type would fall to the campus administrators. Gaynette Turner will bring back principals' recommendations at a later meeting.

During the discussion, Linda Wright gave committee members two handouts: Constructive Classroom Rewards: Promoting Good Habits While Protecting Children's Health and Healthy Classroom Celebrations. The handouts gave the committee examples of healthy snacks for students.

5. Meeting Adjourned

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 & Wellness Committee
 2015-2016

Toby Miller	Asst. Supt.
Janelle Sullivan	Board Member
Joan Adams	Community
Stacey Spradlin	Counselor
Abbie Harriman	Counselor
Tasha Garcia	Counselor
Valerie Jackson	Counselor
Shalea Addison	Counselor
Toni Gabel	Counselor
Stacie Laramore	Counselor
Linda Wright	Dir. of Food Services
Gaynette Turner – Co-Chair	Dir. of Instruction
Julie Jameson	Family Consumer Science Teacher
Phillip Sanders	Health Teacher
Rosilyn Sellers	LMS Teacher
Andrea Kissick-Co Chair	Parent
Kalie Peters	Parent
Shelley Roberts	Parent
John Guenther	Parent
Yamilly Neufeld	Parent
Katherine Werner	Parent
Amelia Cortez	Parent
Veronica Low	Parent
Nancy Sawatzky	Parent
Sunny Coats	Parent
Randy Jones	Parent
Amy Bradley	Parent/Community
Brandi McCormick	PE Teacher
Kathy Moore	Principal
Maria Knebel	School Nurse
Cheryl Houston	School Nurse
Elva Berryhill	School Nurse
Abby Navarro	Student
Ethan Ruiz	Student