

Seminole ISD School Health Advisory Council (SHAC)
& Wellness Committee
April 29, 2015
Seminole Primary MPR
12:00 p.m. – 1:00 p.m.

1. Welcome

2. Future Meeting Dates

Notifications will be sent out in the Fall of 2015

3. Members terms expiring, moving or parent no longer will have students in SISD:

Joan Adams (student graduating)
Jessica Franco (term expiring)
Chad Hallum (term expiring)
Jinnifer Duncan (term expiring)
Jase Waller (moved)
Nikki Russell (term expiring)
Trisha Beaty (moving)
Brooke McCormick (graduating)
Nathan Shortes (graduating)

E-mail Gaynette Turner -- gaturner@seminole.k12.tx.us or call 758-3662 if you have parent names you would like to submit.

4. Approved Speaker List

Christi Patton, Program Director with Girl Scouts of the Desert Southwest; www.gsdw.org

A handout was provided describing the various programs that were offered by this organization. Members were given time to look thought the handout. Valerie Jackson made a motion to approve this group as a speaker and the motion and Stacey Spradlin seconded the motion. All voted in favor of adding Christi Patton from Girl Scouts of the Desert Southwest to the approved speaker list.

5. Update on Wellness – Gaynette Turner in the absence of Linda Wright, Director of Food Services at SISD

We are currently waiting on TASB (Texas Association of School Boards) to release their general policy on Wellness. Their policy will have everything required by the Texas Department of Agriculture. We receive all our policies from TASB and then add anything we need to local policy. Hopefully by next fall we will have more information on this new policy.

6. Program – FitnessGram – Sunny Coats, PE Instructor at Primary
Brandi McCormick, PE Instructor at Elementary

Texas Education Code states that a school district must annually assess the physical fitness of students enrolled in grade 3 & up. High School only requires one year of PE for graduation so we mainly assess students in grades 3-9. FitnessGram is a software program to keep up with the fitness tests administered to students. Sunny Coats and Brandi McCormick explained which tests are given in Primary & Elementary. A short video was viewed to show what the PACER test entails and pictures were shown explaining the other various physical fitness tests used to assess students.

7. Meeting Adjourned