



KID'S KORNER

Seminole I.S.D. Food Service

The month of October is packed full of events. Each October, Seminole ISD participates in the “Farm Fresh” challenge to show our commitment to serving local ingredients in our cafeterias. Fresh food should be integral to a child’s meal. Many items on our October menu are Texas based products. In addition, Jackson Farms donated watermelons for all of the students to enjoy in September.

Seminole ISD will recognize National School Lunch Week from October 5-12th. The theme, “Lots 2 Love”, encourages students and school nutrition professionals across the country to share what they love most about school lunch programs. National School Lunch Week will emphasize the healthy foods offered daily at each campus. Special events include our Try It Fresh day on October 11th. Students will be encouraged to try fresh broccoli as they move through the serving line. Studies show students must be exposed to new vegetables numerous times. We value this opportunity. School lunches are healthier than ever, with more fruits and vegetables, whole grains, and less fat and sodium. National School Lunch Week helps us educate parents and students about all the benefits of our lunch program, and the appealing choices we offer.

Parents and students can follow the fun using the hashtags #sisdcafe, #FarmFreshTexas, #NSLW18, #Lots2Love.

Check out this Month’s menu: <http://seminoleisd.nutrislice.com/menu/>

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