

APRIL

2019



GOOD EATS AT

Seminole ISD Café
FJ Young Primary Elementary Jr. High High School Success Center

SPECIAL ANNOUNCEMENTS

Testing Days – Students testing on the following dates will receive free breakfast and water:
April 9th, 10th & 11th

April 12 – Wellness Day – Each meal includes a special surprise.
April 18th – Egg Pop Day
April 26th – TRY IT FRESH: Strawberries

I'm the **BOUNDLESS BERRY**

HEALTHY SUMMER MEALS FOR KIDS
No Cost For Kids 18 and Younger

M	T	W	TH	F
<p>Bad Weather Day 1</p>	<p>Dutch Waffle & Bacon or PBJ - (PreK - French Toast) Tex Mex Stack w/ garnish Salsa Zesty Cucumbers Refried Beans Fruit Milk Choice</p> <p>2</p>	<p>Chicken Sticks / Waffles or Fruit & Yogurt Parfait Pizza Garden Salad Peaches Cookie Milk Choice</p> <p>3</p>	<p>Breakfast Combo or PBJ Loaded Tots Tiny Tomato Cup Baked Beans Banana Cornbread Milk Choice</p> <p>4</p>	<p>Donut Holes & Sausage or Cereal & Muffin Popcorn Chicken & Roll Mashed Potatoes Savory Green Beans Baby Carrots Pineapple w/ cherry Milk Choice</p> <p>5</p>
<p>Donut Holes & Sausage or Cereal & Muffin (FJ-Chili Cheese Tots) Meatball Sub Tator Tots Garden Salad Fruit Milk Choice</p> <p>8</p>	<p>Bkfst Pizza or PBJ Taco Stick & Queso Seasoned Corn Pinto Beans Salsa Pears Milk Choice</p> <p>9</p>	<p>Grand Slam Breakfast or Fruit & Yogurt Parfait Chicken Nuggets Mac N Cheese Savory Green Beans Fresh Apple Combo Milk Choice</p> <p>10</p>	<p>Pancake Wrap & Yogurt or PBJ (PreK Sausage Kolache) Pizza Day Seasoned Corn Tiny Tomato Cup Fruity Gelatin w/ Topping Milk Choice</p> <p>11</p>	<p>Glazed Cinnamon Roll w/Sausage or Cereal & Muffin Wellness Happy Meal Hamburger or Cheeseburger Cucumbers Strawberries Cookie Milk Choice</p> <p>12</p>
<p>Sunrise Sandwich or Cereal & Toast Steak Fingers w/ gravy Mashed Potatoes Carrot Coins Strawberries & Bananas Roll Milk Choice</p> <p>15</p>	<p>Dutch Waffle & Bacon or PBJ (PreK - Pancakes & Bacon) French Bread Pizza w/ marinara Garden Salad Applesauce Chocolate/Vanilla Pudding Milk Choice</p> <p>16</p>	<p>Monte Cristo Sandwich or Fruit / Yogurt Parfait Wing Wednesday - Boneless Wings Celery / Carrot Sticks Chips Orange Smiles/Brownie Milk Choice</p> <p>17</p>	<p>Egg Pop & Yogurt or PBJ Mexican Combo (Taco & Tamale) Refried Beans Salsa Peaches Milk Choice</p> <p>18</p>	<p>Holiday 19</p>
<p>Bad Weather Day 22</p>	<p>Bkfst Taquito or PBJ (PreK - Cheese Omelet /Toast) Hot Dog w/ chili Potato Smiles Baby Carrots Snowball Salad Milk Choice</p> <p>23</p>	<p>Waffles & Sausage or Fruit/Yogurt Parfait Chicken Nuggets Mashed Potatoes Green Beans Roll Fresh Grapes Milk Choice</p> <p>24</p>	<p>Breakfast Pizza or PBJ Tacos with garnish Perfect Pinto Beans Salsa Veggie Cup Apple Pineapple Delight Milk Choice</p> <p>25</p>	<p>Donut Holes & Sausage or Cereal / Muffin TRY IT FRESH: Strawberry Breaded Drumstick w/ Biscuit Harvest Corn Fruit Cookie Milk Choice</p> <p>26</p>
<p>Morning Griddle Sandwich or Cereal/Toast Asian Chicken Garden Salad Fruity Gelatin Milk Choice</p> <p>29</p>	<p>Bkfst Burrito & Hashbrown or PBJ Nachos Grande Refried Beans & Salsa Cucumber Peaches Lime Sherbet Milk Choice</p> <p>30</p>	<p>ART CONTEST ENDS</p> <p>"You ART What You Eat" Art Contest ENDS APRIL 12TH SquareMeals.org/artcontest</p>		



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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